


EXAM: MAMMOGRAM (SCREENING) Imaging Department 330-596-7700 Scheduling 330-596-7187		
INDICATIONS:	If you have specific questions you should ask your physician. A screening mammogram is done to screen for breast cancer. Early detection is the key to beating the disease process. Baseline screening starts at 40 years of age. A screening should be done every year.	
CONTRA-INDICATIONS AND PRECAUTIONS:	If you are still menstruating it is best to have your mammogram done 10-15 days after the start of your period.	
HOW LONG WILL IT TAKE? WHERE SHOULD I GO?	You should expect that the complete process is about 30 minutes with paperwork. Most likely you will be preregistered and you can go directly to the Women's Imaging Center. When you enter the front of the hospital, located on State Street you will go past the waterfall down the main hallway. After you cross the first circular hall intersection, the Women's Imaging comfort area is the first door to the right.	
PREPARATION:	Patient should wear no deodorant, lotions or perfumes the day of the exam. Some doctors may suggest acetaminophen (i.e. Tylenol) before the exam if the patient has sensitive breasts or previous discomfort during a mammogram. Please consult with your physician about taking any medications. The patient needs an order (prescription) for the exam and they must have that with them at the time of the exam.	
MEDICATION ISSUES:	Try to avoid caffeine 3-4 days prior to your mammogram as this may affect your breast tissue.	
WHAT CAN YOU EXPECT:	During the exam it is necessary to compress the breast(s) for optimal images. There may be some slight discomfort, but it will only last a few seconds at a time. If the patient has any questions they may call the Women's Imaging department at 330-596-7710. To change the appointment call 330-596-7187.	